



Joan B. Kroc Institute for Peace & Justice

INFORMATION

Council of Community Clinics (619) 542-4300
www.ccc-sd.org

HOW TO REGISTER

Reservations are required for this conference.

By Phone:

Call (619) 542-4335.

By Fax:

Complete the registration form and fax it to the Council of Community Clinics, (619) 542-4350.

By Mail:

Living in a More Anxious World Since 9/11 Conference
Council of Community Clinics
P.O. Box 880969, San Diego, CA 92168-0969

PRSRTD STD
U.S. Postage
PAID
San Diego, CA
Permit #460

RESERVATION FORM

FREE

Living in a More Anxious World Since 9/11
November 1, 2003

FREE

Name: _____

Psychologist MFT LCSW Other _____

Title: _____

Organization: _____

Address: _____

City: _____ CA ZIP: _____

Phone: _____

E-mail: _____

Please submit one completed form per person. Thank you.

Reservation Deadline: October 27, 2003



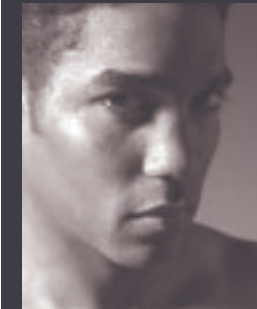
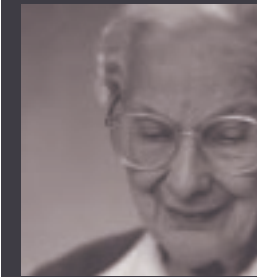
P.O. Box 880969
San Diego, CA 92168-0969

FREE

**Living in a More Anxious World Since 9/11:
Meeting the Mental Health Needs of
Culturally Diverse Populations in
Health Care & Other Settings**

**Saturday, November 1, 2003
8:00 am - 1:00 pm**

Joan B. Kroc Institute for Peace & Justice
University of San Diego



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Funding Generously Provided by:



Living in a More Anxious World Since 9/11: Meeting the Mental Health Needs of Culturally Diverse Populations in Health Care & Other Settings

COURSE OVERVIEW

Two years after September 11, 2001, the American public is still impacted emotionally by the aftermath and threat of another terrorist attack in this country. Anxiety hits closer to home when going through new intensive security checks at airports and hearing about the national security level being elevated from one color code to another. The populations served in community health centers are impacted more acutely since a high percentage are immigrants or refugees who bring memories of war and terrorism from their home countries. The purpose of this course is to prepare mental health providers (psychologists, MFTs, LCSWs) and other health care providers to identify and respond appropriately to the mental health needs of patients before, during and after a terrorist event or natural disaster.

TARGET AUDIENCE

Mental health providers working in community health centers and private practices including psychologists, MFTs, LCSWs; health care providers including nurses, nurse practitioners, physician assistants and physicians; as well as health educators, community health workers and others working with culturally diverse populations.

AGENDA

- 8:00 am** *Registration & Continental Breakfast*
- 9:00 am** *Welcoming Remarks*
Alaina Dall, M.A., Director of Policy & Community Health Council of Community Clinics
- 9:15 am** *The Post-9/11 Experience for an Immigrant/Refugee*
Speaker TBD, From a Community Health Center
- 9:30 am** *Patient Needs and Practical Tools for Mental Health or Primary Care Providers*
Margaret Heldring, Ph.D., President and CEO, America's Health Together
- Now more than ever patients are seeking both physical and mental health services from their own personal physicians, including care for anxiety related to 9/11 and its aftermath. Dr. Heldring is president of an organization that developed a nationwide campaign called "Facing Fear Together," which conducted research among physicians, nurse practitioners, mental health providers and public health organizations to identify the mental health issues providers are experiencing and to develop tools to help them provide appropriate mental health support. She will talk about the findings from this research and specific recommendations for mental health care providers.
- 10:05 a.m.** *Questions & Answers*

10:15 a.m. *Disaster Mental Health Perspectives on Diversity*
Beth Todd-Bazemore, Ph.D., University of South Dakota, Disaster Mental Health Institute

Dr. Todd-Bazemore will talk about disaster response and the types of psychological care that are provided to victims, including culturally diverse populations, at the scene of natural or intentional disasters. She is a specialist in cross-cultural issues and interventions for families and children. She provided mental health services on the scene at the World Trade Center on September 11, and worked on the national hotline to assist children affected by the bombing of the Murrah Federal Office Building in Oklahoma City. She will talk about lessons learned in these situations, as well as the unique needs of immigrants, refugees and other diverse communities. Dr. Todd-Bazemore will describe the expected role of mental health providers in a disaster situation, strategies for caring for the "worried well," and steps health center mental health providers can employ in case of a local disaster.

10:50 a.m. *Questions & Answers*

11:00 a.m. *Refreshment Break*

11:30 a.m. *The Local Emergency Response to Disasters & the Role of Mental Health Providers*

County of San Diego Speaker TBA
Wendi S. Maurer, Ph.D., Clinical & Consulting Psychologist; Volunteer, American Red Cross, San Diego

San Diego County has experienced several significant disasters in recent years, including the Alpine Fire, Santana High School shooting, Granite Hills High School shooting and others. The purpose of this session is to describe the typical local emergency response, as well as the mental health response to disasters. Discussion will include the mobilization of licensed mental health professionals, the types of mental health services that are provided on scene and a description of lessons learned from local disasters.

12:05 a.m. *Questions & Answers*

12:15 p.m. *Resilience and Coping – The After-Effects of Disaster*
Roxane Cohen Silver, Ph.D., Professor, Department of Psychology & Social Behavior, University of California, Irvine

The attacks of September 11 and other acts of terrorism have had a significant impact not only on the people immediately involved, but also on individuals and families throughout the nation. Dr. Silver will talk about the long-term social and psychological impact of traumatic experiences, as well as the factors that contribute to an individual's ability to cope. She will describe the unique needs of ethnically diverse populations, as well as key findings from her current study looking at Americans' responses to the 9/11 attacks.

12:50 p.m. *Questions & Answers*

1:00 p.m. *Closing Remarks*

OBJECTIVES

- Prepare mental health care and community clinic providers to meet the needs of their patients before, during and after an event of terrorism or other disaster.
- Be able to identify differences in behavioral responses across ethnically diverse populations.
- Learn strategies for caring for the "worried well."
- Understand the local response plan for terrorist and natural disasters, including the mental health component.
- Understand the long-term social and psychological impact of traumatic experiences.
- Learn the factors that contribute to an individual's ability to cope.

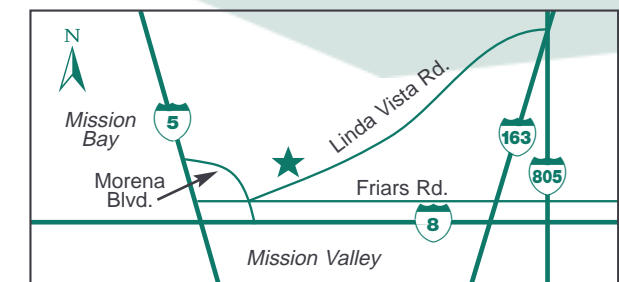
CONTINUING EDUCATION CREDIT

The San Diego Psychological Association is approved by the American Psychological Association to offer continuing professional education for psychologists. SDPA maintains responsibility for the program. Psychologists, MFTs and LCSWs will receive 3 hours of continuing education credit.

This conference is approved by the University of San Diego Division of Continuing Education for 1/2 semester unit of credit. The course number is 533HB. The California Board of Registered Nurses provider number is 00488.

LOCATION

The Joan B. Kroc Institute for Peace & Justice (IPJ)
University of San Diego
5998 Alcalá Park, San Diego, CA 92110



Campus map and parking instructions are available online at www.sandiego.edu/parking. From Linda Vista Road, turn onto Marian Way (USD West Entrance). The IPJ parking garage is the first right at the top of the hill. Take elevator to the first floor and follow signs.

Parking is free.

Funding generously provided by:

