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The San Diego Integration Vision: A Celebration!

2nd Annual Integration Summit
Primary Care and Behavioral Health Integration
September 20, 2011

Marshall Lewis, MD, DFAPA – Clinical Director
Behavioral Health Division
Health and Human Services Agency
County of San Diego

I am here to recruit you!

A voluntary process – at least so far

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Change in Clinical Paradigm

and the money will flow behind it...

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Mortality Disparity

“Persons with serious mental illness (SMI) are now dying 25 years earlier than the general population.”

“Recent evidence reveals that the rate of serious morbidity and mortality in this population has accelerated.”

Unmet Behavioral Health Needs in Primary Care

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San Diego County: A Complex Web of Safety Net Services

- Physical Health Safety Net **NOT** controlled by County:
- Kids: numerous Medi-Cal providers
- Adults: primarily 17 major **INDEPENDENT** primary care provider clinic organizations (FQHCs / non-profit clinics)
- Approximately **100** primary care clinic sites
- Mental Health and ADS services: primarily **contracted providers (many)**

San Diego Vision: The “Paired Provider Model”

BH and Primary Care providers :

- Different governance
- Different payment
- Payment for different things
- Generalists and Specialists

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Shared “Population Management”

Behavioral Health = Scarce Medical Specialty

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Shared “Ownership” of Combined Populations

Mutual commitment to:

- Mutual support (Access, Consultation, and Education)
- Easy bi-directional flow of clients and information
- Development of new competencies
- Care coordination

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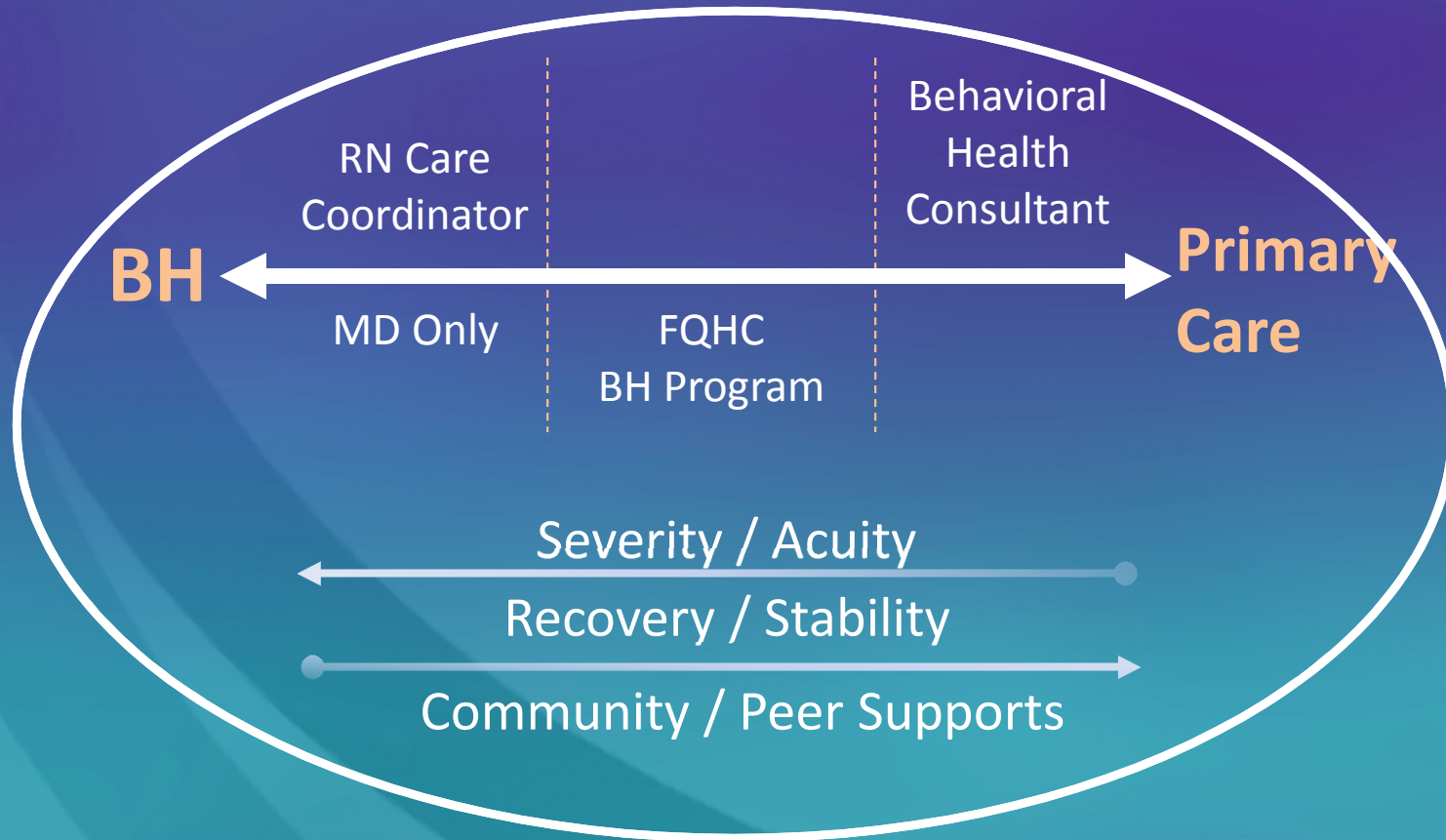


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Integrated Care System

Bi-directional, seamless flow of clients and information



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Initially little money for this, but...

The Triple Deliverables (later!)

- Access to BH services (Piedad Garcia)
 - Consultation to primary care (Dr. Nick Yphantides)
 - Education for PCP's (Mary Adelman/Nicole Howard)
- The **INTEGRATION INSTITUTE** (Julie Minardi)

Latest Developments

- Emerging Best Practices
- Dozens of MOU's
- LIHP funding/"carve-in"
- Consolidation of DHCS

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The Future: 2014 and Beyond

- PCMH (Patient Centered Medical Homes)
- ACO's
- Population outcomes driven
- In-house Behavioral Health services
- Medicaid = End of the carve-out?

Opportunities/Challenges

We look to you to join us,
AND for ideas!

- 3 new areas of focus for 2011/12

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I. Peer Recovery

- Lisa St. George
- ADS + MH → Primary Care
- The technology of Recovery = “disease self-management”

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II. Alcohol and Drug Services

- Susan Bower, HHSA, ADS Director
- How do we leverage limited funding?
- Huge “bottom line” health outcomes
- SBIRT

III. Children's Services

- Pradeep Gidwani, MD, AAP
- Many more safety net kids' providers
- Kids become adult SMI's
- Behavioral Health disparities for kids

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