

COUNTY OF SAN DIEGO



HHSA
HEALTH AND HUMAN SERVICES AGENCY

The San Diego Integration Vision: The “Triple Deliverables”:

Consultation

Nicholas “dr. Nick” Yphantides, MD, MPH
Family Physician & Consulting Chief Medical Officer
San Diego County Health and Human Services Agency

I am **ALSO** here to
recruit you!

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

Who the **health** am I?

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

Why **Integration** is So Important:

- Unmet BH needs in primary care
- The 25 year mortality disparity

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

An Exhortation:

Primary Care Providers **MUST**
partner with BH providers to
serve our mutual populations!

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

More Exhortation!

Let's develop FQHC internal **BH capacity!**

- Good business sense

- Great clinical sense

The result: the separate BH system can serve as specialty support for the patients who need complex, “high end” services the most.

San Diego County HHSA: Making Good on the Deal!

- **A**ccess
- **C**onsultation
- **E**ducation for PCPs

Consultation

Announcing a New Program...

Coming soon to a clinic near you!

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

“PC 2”

Psychiatric Consultation to Primary Care

- HHSA sponsored through Vista Hill Foundation
- Mark Chenven, MD – Director
- Real time consultation / 40 hours a week

“PC 2”

WHAT is it:

- Real time telephone access to a psychiatric specialist
- Both adult and child psychiatrists
- Daily 1 hour “open phones” group discussion
- eConsults
- Possibility of telepsychiatry

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

“PC 2”

WHEN is it:

- Have had meetings with leadership of most FQHCs
- Starting in October at selected Family Health Center sites
- Will gather data on utilization patterns PRIOR to further rollout
- Hope to go county-wide, available to all by January

“PC 2”

WHAT it is NOT:

- Not a substitute for:
 - Consultation with a psychiatrist at a paired MH clinic , especially about a joint patient
 - Consultation with an FQHC’s own psychiatrist, where there is one within the clinic

Please Join Me....

- In working CLOSELY with our colleagues in Mental Health and Substance Abuse treatment, to
- **Achieve better outcomes** for ALL our mutual patients!

Many thanks!

Contact Information:

Nicholas “dr. Nick” Yphantides, MD, MPH
Consulting Chief Medical Integration Officer
San Diego County

nick.yphantides@sdcounty.ca.gov

Cell: 619-929-5977

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY